

Your TRUE TEST results indicate that you have a contact allergy to tixocortol-21-pivalate. This contact allergy may cause your skin to react when it is exposed to this substance, although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching and fluid-filled blisters.

Tixocortol-21-pivalate is a widely used topical anti-inflammatory corticosteroid used in both prescription and nonprescription topical ointments, creams, tablets, or injections.

WHERE IS TIXOCORTOL-21-PIVALATE FOUND?

At work, you may find tixocortol-21-pivalate in or around:

- Medicaments
- Creams, lotions, ointments and powders

At home, you may find tixocortol-21-pivalate in or around:

- Anti-inflammatory agents found in both prescription and nonprescription medications
- Creams, lotions, ointments and powders for eczema and other local inflammations
- Ear, nose and eye drops
- Rectal suspensions

HOW CAN YOU AVOID TIXOCORTOL-21-PIVALATE?

- Check all topical anti-inflammatory preparations (prescription and over-the-counter) for tixocortol-21-pivalate and related corticosteroids. Do not use products that list these substances on the label or package insert. If no information is available, ask your pharmacist.
- Inform your healthcare providers that you are allergic to tixocortol-21-pivalate and ask that they use products that are free from this allergen.
- Avoid preparations that contain tixocortol-21-pivalate and cross-reacting corticosteroids.
- Avoid nasal sprays that contain tixocortol-21-pivalate and related corticosteroids.

WHAT SHOULD YOU LOOK FOR AND AVOID?

Avoid products with the following names in the list of ingredients:

- Tixocortol-21-pivalate
- Tixocortol pivalate
- 11beta,17-dihydroxy-21-mercaptopregn-4-ene-3,20-dione 21-pivalate
- Pivalone
- Pregn-4-ene-3,20-dione, 21-((2,2-dimethyl-1-oxopropyl)thio)-11, 17-dihydroxy-, (11beta)-

You also may react to products such as:

- Amcinonide
- Budesonide
- Cloprednol
- Desonide
- Fludrocortisone acetate
- Fluocinolone acetonide
- Fluocinonide
- Flurandrenolide
- Halcinonide
- Hydrocortisone
- Hydrocortisone-17-butyrate
- Hydrocortisone acetate
- Hydrocortisone butyrate
- Hydrocortisone probutate (hydrocortisone buteprate)
- Hydrocortisone valerate
- Methylprednisolone
- Micronized fluocinonide
- Prednicarbate
- Prednisolone
- Prednisolone acetate
- Steroid: group b
- Steroid: group d2
- Triamcinolone

When purchasing products that may come in contact with your skin, check the list of ingredients for the above names. If in doubt, contact your pharmacist or physician.

*These lists are brief and provide just a few examples. Read product labels carefully and talk to your doctor if you have any questions. Product formulations may change from time to time without notice. Talk to your doctor for specific instructions. For additional information about products that might contain **tixocortol-21-pivalate** or a related substance, go to the Household Products Database online (householdproducts.nlm.nih.gov) at the United States National Library of Medicine.