

Your TRUE TEST results indicate that you have a contact allergy to hydrocortisone-17-butyrate. This contact allergy may cause your skin to react when it is exposed to this substance, although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching and fluid-filled blisters.

Hydrocortisone-17-butyrate is a mid-potent (Group D2) corticosteroid used in both prescription and nonprescription topical ointments, creams, tablets, or injection, to treat inflammatory skin diseases and psoriasis. Corticosteroid contact allergy may be difficult to diagnose. Failure to improve when treated with corticosteroids can be a symptom of contact allergy.

WHERE IS HYDROCORTISONE-17-BUTYRATE FOUND?

At work, you may find hydrocortisone-17-butyrate in or around:

- Medicaments
- Creams, lotions, ointments and powders

At home, you may find hydrocortisone-17-butyrate in or around:

- Anti-inflammatory agents found in both prescription and nonprescription medications
- Creams, lotions, ointments and powders for eczema and other local inflammations
- Ear, nose and eye drops
- Rectal suspensions

HOW CAN YOU AVOID HYDROCORTISONE-17-BUTYRATE?

- Check all topical anti-inflammatory preparations (prescription and over-the-counter) for hydrocortisone-17-butyrate and related corticosteroids. Do not use products that list these substances on the label or package insert. If no information is available, ask your pharmacist.
- Inform your healthcare providers that you are allergic to hydrocortisone-17-butyrate and ask that they use products that are free from this allergen.
- Avoid preparations that contain hydrocortisone-17-butyrate and cross-reacting corticosteroids.
- Avoid nasal sprays that contain hydrocortisone-17-butyrate and related corticosteroids.
- Be aware that if others such as a spouse or children use topical skin care products that contain this chemical, skin-to-skin transfer may occur to you.

WHAT SHOULD YOU LOOK FOR AND AVOID?

Avoid products with the following names in the list of ingredients:

- h.17b
- Laticort
- Iocoid
- hb(sub17)
- Alfason
- Cortisol 17-butyrate
- Plancol
- Hydrocortisone 17-butyrate
- Hydrocortisone butyrate

You also may react to products such as:

- Amcinonide
- Budesonide
- Cloprednol
- Cortifoam cortisol
- Cortril
- Desonide
- Efcortin
- Efcortelin
- Elcorbin
- Fludrocortisone acetate
- Fluocinolone acetonide
- Fluocinonide
- Flurandrenolide
- Halcinonide
- Hydrocortisone
- Hydrocortisone 17-butyrate
- Hydrocortisone acetate
- Hydrocortisone butyrate
- Hydrocortisone valerate
- Hydroxycorticosterone
- Incortin-H Kendall's compound F
- Methylprednisolone
- Micronized fluocinonide
- Prednicarbate
- Prednisolone
- Prednisolone acetate
- Proctoscort
- Rectoid
- Steroid: group b
- Steroid: group d2
- Triamcinolone

When purchasing products that may come in contact with your skin, check the list of ingredients for the above names. If in doubt, contact your pharmacist or physician.

*These lists are brief and provide just a few examples. Read product labels carefully and talk to your doctor if you have any questions. Product formulations may change from time to time without notice. Talk to your doctor for specific instructions. For additional information about products that might contain **hydrocortisone-17-butyrate** or a related substance, go to the Household Products Database online (householdproducts.nlm.nih.gov) at the United States National Library of Medicine.